



Thriving Groups Trainings

About PeoplesHub:

PeoplesHub is an interactive online movement school that is training groups like yours in local communities around the country. We believe that deep change is possible when we come together and build power. Our purpose is to support groups to become more powerful, healthy, and thriving, regardless of whether you just got started yesterday or have been organizing for a long time.

Overview of Thriving Groups Training Series:

Our Thriving Groups Trainings support your group to thrive and have a powerful and transformative impact in your community. The training series is based on our “4 R’s framework,” which holds that groups, communities, and our world need to build a spirit and practice of Resistance, Resilience, Restoration, and Reimagination to be powerful and sustainable.

Through this training series, your group will deepen your vision and strategic thinking, and build your capacity for working together as a team, including navigating conflict, growing leadership and improving your meetings. You will gain practices to strengthen the culture of your group and build your power. PeoplesHub trainers will work with you on implementing these practices throughout the series with accompaniment sessions between each training.

How it works:

Connecting online:

Each core training ranges from 2.5 to 3 hours. You’ll meet as a group either in person or online, and our trainers will join you through a free online video meeting platform called [Zoom](#). It’s not hard - we’ll show you how to set it up and support you to navigate any technical issues that come up. All you need is an internet connection and at least one laptop or desktop computer, or tablet, for your group. It is also possible to join as a remote group individually from the comfort of your own home.

Participant Roles:

We will work with your group to identify 2 folks in your team who can serve as an assistant facilitator and a tech support person, to connect with our trainers beforehand and support the training to move smoothly.

Support and Preparation:

We want to ensure that our trainers are prepared to offer the best support possible to your group. Each participant will be asked to complete a brief participant registration form to reflect on and prepare for the session. This form is confidential and is only used by our trainers to gain insight about your group. Participants will also be asked to engage in the evaluation process, completing a brief feedback form to help us improve our offerings.

We check in with point people from the group between each training to offer support as you implement your learnings and action plans. We also use these coaching sessions to gain insight into the group to help adapt the next training to suit your needs.

Booking PeoplesHub Trainings:

You can sign up for any single training, or take them as a series. We are excited to work with groups that share our values and are committed to working together. Select the training(s) you would like to take below and [complete this form](#), which can also be found on our website. Then we will move you through our booking process. **For more questions, please contact our Trainings Coordinator, Niria at niria.alicia@peopleshub.org.**

The Workshop Descriptions and Details:

Dreaming and Scheming: Group Vision and Purpose (2.5 hours plus 30 min set up)

Tap into the creativity of your group to build a collective vision for what is possible in your community. You and your group will grow your capacity to imagine, identify a compelling and transformative vision for your community, and practice honing your focus. You will build off your collective vision to draft a purpose statement to help guide your work.

Make it Real: Strategy Series: A, B , C (3 trainings, 3 hours each, plus 30 min set up)

These three trainings go together as a series to support your group to focus in on how to make your vision a reality. You will practice using community mapping tools to assess the context you're working in, and build goals, strategies, and action plans towards your vision.

Building Leaderful Groups (3 hours plus 30 min set up)

PeoplesHub believes that thriving groups require a culture that uplifts each person's leadership and unique gifts. In this training, you'll identify your own leadership traits while recognizing the diverse forms leadership takes within your group. This training will support your group's ability to tap into the potential of the whole team, fight burnout, and create a healthy culture and leadership development, while valuing the many gifts that are represented within the group.

Glorious Meetings (3 hours plus 30 min set up)

Meetings can make or break a group. We will assess the culture of your current meetings and build practices for creating transformative, anti-oppressive spaces that value everyone in your group and help you get stuff done.

Reimagining Decision-Making (2.5 hours plus 30 min set up)

If we are to build the world we need, we must practice self-governance grounded in our values. In this training we will explore how values-based decision making can be liberatory and unleash the creative potential of your group. You will leave with practices for incorporating anti-oppression into decision-making structures, building trust among members, and strengthening your collective decision-making muscles.

Living Into Conflict (3 hours plus 30 min set up)

We at PeoplesHub believe that conflict is not only a healthy and natural part of being in a group, but it can also be generative. You will gain a deeper understanding of how your group navigates conflict collectively, and how each of you show up in conflict based on your own experiences and identities. You will create practice plans to build a healthier culture of conflict. Taking a conflict transformation approach, your group will leave with strategies for navigating whatever conflicts arise in your group.

Payment:

We believe in making high-quality support accessible to the groups we work with, while also fairly compensating our trainers. The entire cost of the training goes towards compensating our trainers. We use a sliding scale payment model to make these trainings available at a lower cost to groups with fewer resources, and to invite groups that are able to pay it forward. If your group needs further financial support, please contact us.

Sliding scale:

\$400 - \$900 per training

Solidarity Rate: \$400 - \$600

True Cost: \$600 - \$700

Movement Support: \$700 - \$900 +